

Est du Québec 50m

Garçons, 15 - 17

Grand bassin (50m)

Libre

50m	23.78	Gaudreau, Simon	CAN	RIKI	2016-02-21	Montréal (CAN)
100m	52.83	Gaudreau, Simon	CAN	RIKI	2016-04-29	Lasalle (CAN)
200m	1:58.12	Gaudreau, Simon	CAN	RIKI	2016-02-19	Montréal (CAN)
400m	4:20.38	Bernard, Derek	CAN	EMJ	2014-07-05	Pointe-Claire (CAN)
800m	8:54.49	Bernard, Derek	CAN	EMJ	2014-07-03	Pointe-Claire (CAN)
1500m	17:02.94	Bernard, Derek	CAN	EMJ	2014-07-06	Pointe-Claire (CAN)

Dos

50m	26.92	Ghaziri, Ramy	CAN	LMRL	2019-04-12	Québec (CAN)
100m	58.57	Labrie, Alex	CAN	RIKI	2018-04-06	Montréal (CAN)
200m	2:08.10	Labrie, Alex	CAN	RIKI	2018-04-05	Montréal (CAN)

Brasse

50m	30.75	Castonguay, Nicolas	CAN	RIKI	2017-04-22	Etobicoke (CAN)
100m	1:06.68	Ghaziri, Ramy	CAN	LMRL	2018-03-24	Gatineau (CAN)
200m	2:24.95	Ghaziri, Ramy	CAN	LMRL	2018-07-07	Québec (CAN)

Papillon

50m	25.79	Gaudreau, Simon	CAN	RIKI	2016-02-18	Montréal (CAN)
100m	57.53	Ghaziri, Ramy	CAN	LMRL	2018-03-25	Gatineau (CAN)
200m	2:16.56	Caron, Michael	CAN	LMRL	2019-03-22	Québec (CAN)

4 nages

200m	2:10.45	Ghaziri, Ramy	CAN	LMRL	2018-03-23	Gatineau (CAN)
400m	4:49.52	Ghaziri, Ramy	CAN	LMRL	2018-07-07	Québec (CAN)

Dames, 15 - 17

Grand bassin (50m)

Libre

50m	27.53	D-Savoie, Catherine	CAN	CNM	2000-06-03	
100m	58.89	D-Savoie, Catherine	CAN	CNM	2000-08-06	
200m	2:05.51	D-Savoie, Catherine	CAN	CNM	2000-08-06	
400m	4:37.16	D-Savoie, Catherine	CAN	CNM	1999-07-23	
800m	9:23.23	Côté, Laurence	CAN	RIKI	2011-07-07	Montréal (CAN)
1500m	18:04.74	Coté, Laurence	CAN	RIKI	2011-07-27	Montréal (CAN)

Dos

50m	32.52	Tremblay, Gabrielle	CAN	LMRL	2013-07-14	Trois-Rivières (CAN)
100m	1:07.40	D-Savoie, Catherine	CAN	CNM	2000-07-23	
200m	2:24.30	Henry, Marie-Hélène	CAN	CNB	1986-08-10	

Brasse

50m	34.01	Lavoie, Véronique	CAN	LMRL	2019-04-13	Québec (CAN)
100m	1:14.38	Gougoux, Gabrielle	CAN	LMRL	2016-02-19	Montréal (CAN)
200m	2:45.21	Gougoux, Gabrielle	CAN	LMRL	2016-02-18	Montréal (CAN)

Papillon

50m	29.98	Barsalou, Mayra	CAN	RIKI	2018-05-13	Trois-Rivières (CAN)
100m	1:06.78	Martineau, Chantal	CAN	RIKI	1981-05-10	
200m	2:24.52	Arseneault, Jovette	CAN	CNB	1981-05-10	

4 nages

200m	2:28.73	Martineau, Chantal	CAN	RIKI	1981-05-10	
400m	5:16.61	Barsalou, Mayra	CAN	RIKI	2018-07-07	Québec (CAN)

Garçons, 13 - 14

Grand bassin (50m)

Libre

50m	25.94	Labrie, Alex	CAN	RIKI	2016-05-01	Lasalle (CAN)
100m	57.11	Labrie, Alex	CAN	RIKI	2015-04-24	Montréal (CAN)

200m	2:02.14	Murray, François-Pierre	CAN	RIKI	2003-04-26	Lasalle (CAN)
400m	4:23.64	Bernard, Derek	CAN	EMJ	2013-07-06	Montréal (CAN)
800m	9:04.32	Bernard, Derek	CAN	EMJ	2013-07-04	Montréal (CAN)
1500m	17:01.56	Bernard, Derek	CAN	EMJ	2013-07-07	Montréal (CAN)
Dos						
50m	28.44	Labrie, Alex	CAN	RIKI	2016-04-29	Lasalle (CAN)
100m	1:02.67	Labrie, Alex	CAN	RIKI	2015-08-01	Québec (CAN)
200m	2:17.06	Labrie, Alex	CAN	RIKI	2016-04-03	Sherbrooke (CAN)
Brasse						
50m	33.04	Castonguay, Nicolas	CAN	RIKI	2016-02-20	Montréal (CAN)
100m	1:12.44	Potvin, Dany	CAN	RIKI	1983-05-10	
200m	2:37.59	Santerre, Mathieu	CAN	EMJ	1990-07-13	
Papillon						
50m	27.21	Castonguay, Nicolas	CAN	RIKI	2016-04-02	Sherbrooke (CAN)
100m	1:02.76	Labrie, Alex	CAN	RIKI	2016-04-03	Sherbrooke (CAN)
200m	2:21.00	Marquis, Jean-François	CAN	CNM	1991-07-19	
4 nages						
200m	2:20.29	Labrie, Alex	CAN	RIKI	2016-02-21	Montréal (CAN)
400m	5:06.09	Murray, François-Pierre	CAN	RIKI	2003-04-26	Lasalle (CAN)
Filles, 13 - 14						
						Grand bassin (50m)
Libre						
50m	27.77	D-Savoie, Catherine	CAN	CNM	1998-02-28	
100m	1:00.21	Tremblay, Raphaëlle	CAN	LMRL	2019-03-23	Québec (CAN)
200m	2:11.12	Tremblay, Raphaëlle	CAN	LMRL	2019-07-14	Pointe-Claire (CAN)
400m	4:38.31	Coté, Laurence	CAN	RIKI	2009-07-04	Montréal (CAN)
800m	9:37.46	Coté, Laurence	CAN	RIKI	2009-07-02	Montréal (CAN)
1500m	18:39.80	Michaud, Carole-Anne	CAN	RIKI	2013-07-24	Montréal (CAN)
Dos						
50m	31.15	Pietrantonio, Alexia	CAN	LMRL	2019-03-16	Montréal (CAN)
100m	1:05.25	Pietrantonio, Alexia	CAN	LMRL	2019-03-21	Québec (CAN)
200m	2:22.28	Pietrantonio, Alexia	CAN	LMRL	2019-03-15	Montréal (CAN)
Brasse						
50m	33.74	Tremblay, Raphaëlle	CAN	LMRL	2019-07-05	Gatineau (CAN)
100m	1:13.95	Tremblay, Raphaëlle	CAN	LMRL	2019-07-26	Calgary (CAN)
200m	2:46.98	Tremblay, Raphaëlle	CAN	LMRL	2019-07-13	Pointe-Claire (CAN)
Papillon						
50m	29.51	Gavioli, Maxim	CAN	BG	2016-07-31	Calgary (CAN)
100m	1:06.75	Gavioli, Maxim	CAN	BG	2016-07-02	Pointe-Claire (CAN)
200m	2:31.10	Martineau, Chantal	CAN	RIKI	1980-05-17	
4 nages						
200m	2:25.09	Tremblay, Raphaëlle	CAN	LMRL	2019-07-12	Pointe-Claire (CAN)
400m	5:17.88	Tremblay, Raphaëlle	CAN	LMRL	2019-07-13	Pointe-Claire (CAN)
Garçons, - 12						
						Grand bassin (50m)
Libre						
50m	27.96	Murray, Nicolas	CAN	CNM	1999-05-22	
100m	1:00.56	Murray, Nicolas	CAN	CNM	1999-06-13	
200m	2:09.68	Murray, Nicolas	CAN	CNM	1999-06-12	
400m	4:36.46	Murray, Nicolas	CAN	CNM	1999-06-16	
800m	10:02.77	Bourbonnais, Mathis	CAN	RIKI	2017-12-10	Montréal (CAN)
1500m	18:17.53	Murray, Nicolas	CAN	CNM	1999-06-12	
Dos						
50m	33.03	Arsenault, Emmanuel	CAN	LSNR	2016-07-01	Pointe-Claire (CAN)
100m	1:11.62	Arsenault, Emmanuel	CAN	LSNR	2017-05-06	Sherbrooke (CAN)

200m	2:33.99	Murray, Nicolas	CAN	CNM	1999-05-25	
Brasse						
50m	36.16	Ouellet, Alex	CAN	RIKI	2005-05-07	Lasalle (CAN)
100m	1:19.92	Santerre, Mathieu	CAN	EMJ	1988-02-14	
200m	2:48.60	Santerre, Mathieu	CAN	CNM	1988-05-25	
Papillon						
50m	30.27	Bérubé, Elliot	CAN	LMRL	2014-07-03	Pointe-Claire (CAN)
100m	1:09.21	B-Carrier, Alexis	CAN	CNM	1992-07-10	
200m	2:37.69	Murray, Nicolas	CAN	CNM	1999-05-21	
4 nages						
200m	2:30.77	Murray, Nicolas	CAN	CNM	1999-05-21	
400m	5:18.14	Murray, Nicolas	CAN	CNM	1999-05-21	
Filles, - 12						Grand bassin (50m)
Libre						
50m	29.18	Pietrantonio, Alexia	CAN	LSNR	2017-05-06	Sherbrooke (CAN)
100m	1:03.84	Vary, Suzanne	CAN	RIKI	1999-07-09	
200m	2:16.73	Vary, Suzanne	CAN	RIKI	1999-07-09	
400m	4:51.84	Vary, Suzanne	CAN	RIKI	1999-07-09	
800m	9:55.31	Veilleux, Patricia	CAN	LMRL	1989-04-21	
Dos						
50m	33.32	Pietrantonio, Alexia	CAN	LSNR	2017-05-19	Victoria (CAN)
100m	1:10.21	Pietrantonio, Alexia	CAN	LSNR	2017-05-21	Victoria (CAN)
200m	2:33.02	Pietrantonio, Alexia	CAN	LSNR	2017-04-02	St-John (CAN)
Brasse						
50m	37.21	Tremblay, Raphaëlle	CAN	LMRL	2017-01-21	Québec (CAN)
100m	1:24.98	Tremblay, Raphaëlle	CAN	LMRL	2017-01-22	Québec (CAN)
200m	3:01.60	Lemieux, Gabrielle	CAN	LMRL	1989-05-21	
Papillon						
50m	31.97	Tremblay, Raphaëlle	CAN	LMRL	2017-01-21	Québec (CAN)
100m	1:10.88	Veilleux, Patricia	CAN	LMRL	1989-05-20	
200m	2:33.50	Veilleux, Patricia	CAN	LMRL	1989-05-19	
4 nages						
200m	2:36.32	Pietrantonio, Alexia	CAN	LSNR	2017-04-01	St-John (CAN)
400m	5:30.64	Lemieux, Gabrielle	CAN	LMRL	1989-04-22	
Garçons, 15 - 17						Grand bassin (50m)
Libre Relais						
4 x 50m	1:41.18	Dauphins de Rimouski CASTONGUAY, N, LABRIE, A, PLANTE, T, CHARETTE, P-O	CAN	RIKI	2017-05-06	Sherbrooke (CAN)
4 x 100m	3:41.57	Dauphins de Rimouski CHARETTE, P-O, LABRIE, A, PLANTE, T, CASTONGUAY, N	CAN	RIKI	2017-03-31	Montréal (CAN)
4 x 200m	8:27.27	Dauphins de Rimouski GAGNON, É, CHARETTE, P-O, CASTONGUAY, N, PLANTE, T	CAN	RIKI	2017-04-01	Montréal (CAN)
4 nages Relais						
4 x 50m	1:53.70	Dauphins de Rimouski LABRIE, A, CASTONGUAY, N, PLANTE, T, CHARETTE, P-O	CAN	RIKI	2017-05-07	Sherbrooke (CAN)
4 x 100m	4:08.76	Dauphins de Rimouski LABRIE, A, CHARETTE, P-O, PLANTE, T, CASTONGUAY, N	CAN	RIKI	2017-04-22	Etobicoke (CAN)
Dames, 15 - 17						Grand bassin (50m)
Libre Relais						
4 x 50m	1:58.16	Loups Marins de Rivière-du-Loup TREMBLAY, R, POIRIER, E, LAVOIE, V, CZECH, J	CAN	LMRL	2018-07-06	Québec (CAN)

4 x 100m	4:16.63	Dauphins de Rimouski PELLETIER, F, LIBAR, S, LABRIE, M, BARSALOU, M	CAN	RIKI	2018-07-07	Québec (CAN)
4 x 200m	9:30.32	Barracudas de Gaspé AUGER-MALTAIS, L, BARSALOU, M, GAGNON, A, NOLLEAU, L	CAN	BG	2017-04-01	Montréal (CAN)
4 nages Relais						
4 x 50m	2:13.56	Dynam'eau	CAN	DYNAM	2000-05-07	
4 x 100m	4:34.41	Loups Marins de Rivière-du-Loup PIETRANTONIO, A, LAVOIE, V, CZECH, J, TREMBLAY, R	CAN	LMRL	2019-04-13	Québec (CAN)
Mixte, 15 - 17						Grand bassin (50m)
Libre Relais						
4 x 50m	1:51.89	Dauphins de Rimouski PLANTE, T, LEMIEUX, É, MICHAUD, C-A, CASTONGUAY, N	CAN	RIKI	2016-05-01	Lasalle (CAN)
4 nages Relais						
4 x 50m	2:03.67	Loups Marins de Rivière-du-Loup MAALOUF, M, CHAREST, O, CARON, A-A, GOUGOUX, G	CAN	LMRL	2016-04-24	Québec (CAN)
Garçons, 13 - 14						Grand bassin (50m)
Libre Relais						
4 x 50m	1:47.60	Dauphins de Rimouski PLANTE, T, CASTONGUAY, N, CHARETTE, P-O, LABRIE, A	CAN	RIKI	2015-07-03	Montréal (CAN)
4 x 100m	4:15.80	Est du Québec	CAN	EDQ	1983-06-10	
4 x 200m	10:42.55	Dauphins de Rimouski CASTONGUAY, N, CHARETTE, P-O, LEBLANC, R, LABRIE, A	CAN	RIKI	2013-05-05	Sherbrooke (CAN)
4 nages Relais						
4 x 50m	1:58.52	Dauphins de Rimouski LABRIE, A, CHARETTE, P-O, PLANTE, T, CASTONGUAY, N	CAN	RIKI	2015-07-04	Montréal (CAN)
4 x 100m	4:56.10	Loups Marins de Rivière-du-loup	CAN	LMRL	1985-07-20	
Filles, 13 - 14						Grand bassin (50m)
Libre Relais						
4 x 50m	1:53.29	Loups Marins de Rivière-du-Loup TREMBLAY, R, POIRIER, E, OUELLET, A, PIETRANTONIO, A	CAN	LMRL	2019-03-22	Québec (CAN)
4 x 100m	4:13.27	Loups Marins de Rivière-du-Loup POIRIER, E, OUELLET, A, TREMBLAY, R, PIETRANTONIO, A	CAN	LMRL	2019-03-23	Québec (CAN)
4 x 200m	9:12.04	Loups Marins de Rivière-du-Loup TREMBLAY, R, POIRIER, E, OUELLET, A, PIETRANTONIO, A	CAN	LMRL	2019-03-21	Québec (CAN)
4 nages Relais						
4 x 50m	2:11.24	Barracudas de Gaspé GAGNON, A, GAVIOLI, M, NOLLEAU, L, BARSALOU, M	CAN	BG	2016-07-02	Pointe-Claire (CAN)
4 x 100m	4:58.18	Loups-Marins de Rivière-du-Loup POIRIER, E, TREMBLAY, R, PIETRANTONIO, A, OUELLET, A	CAN	LMRL	2018-05-12	Trois-Rivières (CAN)
Mixte, 13 - 14						Grand bassin (50m)
Libre Relais						
4 x 50m	1:55.27	Dauphins de Rimouski GAGNON, É, LIBAR, S, CASTONGUAY, V, LABRIE, A	CAN	RIKI	2016-05-01	Lasalle (CAN)
4 nages Relais						
4 x 50m	1:58.51	Loups Marins de Rivière-du-Loup PIETRANTONIO, A, LAVOIE, V, CARON, M, SIMARD, J-C	CAN	LMRL	2019-03-24	Québec (CAN)
Garçons, - 12						Grand bassin (50m)
Libre Relais						
4 x 50m	2:04.58	Dauphins de Rimouski LABRIE, A, CASTONGUAY, N, GAUDREAU, F, CHARETTE, P-O	CAN	RIKI	2014-03-29	Sherbrooke (CAN)

4 x 100m	4:43.97	Nautilus de Matane	CAN	CNM	1988-07-02	
4 x 200m	10:42.55	Dauphins de Rimouski	CAN	RIKI	2013-05-05	Sherbrooke (CAN)
CASTONGUAY, N, CHARETTE, P-O, LEBLANC, R, LABRIE, A						
4 nages Relais						
4 x 50m	2:21.52	Dauphins de Rimouski	CAN	RIKI	2014-03-30	Sherbrooke (CAN)
LABRIE, A, CHARETTE, P-O, CASTONGUAY, N, GAUDREAU, F						
4 x 100m	5:36.73	Dauphins de Rimouski	CAN	RIKI	2013-05-04	Sherbrooke (CAN)
LABRIE, A, CHARETTE, P-O, CASTONGUAY, N, LEBLANC, R						
Filles, - 12						Grand bassin (50m)
Libre Relais						
4 x 50m	2:06.36	Dauphins de Rimouski	CAN	RIKI	2017-05-06	Sherbrooke (CAN)
CASTONGUAY, M, ARSENAULT, M, GENDRON, L-M, PELLETIER, F						
4 x 100m	4:42.91	Dauphins de Rimouski	CAN	RIKI	1988-07-02	
4 x 200m	10:32.21	Loups Marins de Rivière-du-Loup	CAN	LMRL	2017-05-27	Saint John (CAN)
POIRIER, É, OUELLET, A, APRIL, M-É, TREMBLAY, R						
4 nages Relais						
4 x 50m	2:21.43	Dauphins de Rimouski	CAN	RIKI	2017-05-07	Sherbrooke (CAN)
CASTONGUAY, M, GENDRON, L-M, PELLETIER, F, ARSENAULT, M						
4 x 100m	5:23.26	Loups Marins de Rivière-du-Loup	CAN	LMRL	2017-05-28	Saint John (CAN)
OUELLET, A, TREMBLAY, R, POIRIER, É, APRIL, M-É						
Mixte, - 12						Grand bassin (50m)
Libre Relais						
4 x 50m	2:07.12	Dauphins de Rimouski	CAN	RIKI	2016-05-01	Lasalle (CAN)
DIONNE, A, PINEAU, É, ROBICHAUD, G, LABRIE, M						
4 nages Relais						
4 x 50m	2:26.71	Loups Marins de Rivière-du-Loup	CAN	LMRL	2016-04-22	Québec (CAN)
MAALOUF, E, TREMBLAY, R, MARQUIS, F-A, POIRIER, E						
Est du Québec 25m						
Garçons, 15 - 17						Petit bassin (25m)
Libre						
50m	23.33	Gaudreau, Simon	CAN	RIKI	2016-02-26	Gatineau (CAN)
100m	51.11	Gaudreau, Simon	CAN	RIKI	2016-02-27	Gatineau (CAN)
200m	1:52.66	Gaudreau, Simon	CAN	RIKI	2016-02-28	Gatineau (CAN)
400m	4:11.22	Bernard, Derek	CAN	EMJ	2014-02-22	Gatineau (CAN)
800m	8:41.43	Bernard, Derek	CAN	EMJ	2014-02-23	Gatineau (CAN)
1500m	16:29.93	Bernard, Derek	CAN	EMJ	2014-02-21	Gatineau (CAN)
Dos						
50m	26.82	Labrie, Alex	CAN	RIKI	2018-11-09	Sherbrooke (CAN)
100m	57.69	Labrie, Alex	CAN	RIKI	2017-12-09	Montréal (CAN)
200m	2:07.24	Labrie, Alex	CAN	RIKI	2017-11-04	Montréal (CAN)
Brasse						
50m	30.33	Mercier, Arnaud	CAN	RIKI	2012-02-16	Gatineau (CAN)
100m	1:06.17	Jean, Pierre-Olivier	CAN	LMRL	2005-12-03	Ste-Foy (CAN)
200m	2:24.54	Mercier, Arnaud	CAN	RIKI	2012-02-17	Gatineau (CAN)
Papillon						
50m	25.41	Gaudreau, Simon	CAN	RIKI	2016-02-28	Gatineau (CAN)
100m	57.58	Ghaziri, Ramy	CAN	LMRL	2019-04-27	Amqui (CAN)
200m	2:10.60	Lord, Christian	CAN	EMJ	1992-02-28	
4 nages						
100m	59.02	Ghaziri, Ramy	CAN	LMRL	2019-04-27	Amqui (CAN)

200m	2:07.04	Murray, Nicolas	CAN	CNM	2004-02-19	Halifax (CAN)
400m	4:42.38	Labrie, Alex	CAN	RIKI	2017-11-04	Montréal (CAN)
Dames, 15 - 17						Petit bassin (25m)
Libre						
50m	27.19	D-Savoie, Catherine	CAN	CNM	2000-02-27	
100m	57.66	D-Savoie, Catherine	CAN	CNM	2000-02-25	
200m	2:05.51	D-Savoie, Catherine	CAN	CNM	2000-02-26	
400m	4:28.58	Coté, Laurence	CAN	RIKI	2011-02-26	Trois-Rivières (CAN)
800m	9:14.19	Coté, Laurence	CAN	RIKI	2012-02-19	Gatineau (CAN)
1500m	17:31.02	Coté, Laurence	CAN	RIKI	2012-02-16	Gatineau (CAN)
Dos						
50m	30.23	Pietrantonio, Alexia	CAN	LMRL	2019-12-15	Québec (CAN)
100m	1:03.50	Pietrantonio, Alexia	CAN	LMRL	2020-12-14	Québec (CAN)
200m	2:19.33	Pietrantonio, Alexia	CAN	LMRL	2020-01-26	Rivière-du-Loup (CAN)
Brasse						
50m	32.74	Tremblay, Raphaëlle	CAN	LMRL	2019-12-15	Québec (CAN)
100m	1:13.16	Tremblay, Sandy	CAN	RIKI	2019-10-20	Rimouski (CAN)
200m	2:38.45	Tremblay, Sandy	CAN	RIKI	2019-12-15	Québec (CAN)
Papillon						
50m	29.24	Dumais, Gabrielle	CAN	LMRL	2019-12-14	Québec (CAN)
100m	1:06.21	Martineau, Chantal	CAN	RIKI	1982-02-25	
200m	2:23.63	Veilleux, Patricia	CAN	LMRL	1993-12-07	
4 nages						
100m	1:06.65	Tremblay, Raphaëlle	CAN	LMRL	2020-01-25	Rivière-du-Loup (CAN)
200m	2:20.72	Tremblay, Raphaëlle	CAN	LMRL	2019-12-13	Québec (CAN)
400m	5:07.41	Tremblay, Raphaëlle	CAN	LMRL	2019-11-02	Drummondville (CAN)
Garçons, 13 - 14						Petit bassin (25m)
Libre						
50m	25.13	Castonguay, Nicolas	CAN	RIKI	2016-02-12	Gatineau (CAN)
100m	55.78	Labrie, Alex	CAN	RIKI	2016-05-29	Gaspé (CAN)
200m	2:02.28	Labrie, Alex	CAN	RIKI	2016-05-28	Gaspé (CAN)
400m	4:17.25	Bernard, Derek	CAN	EMJ	2013-04-28	Jonquière (CAN)
800m	8:49.35	Leblanc, Émile	CAN	RIKI	2012-02-16	Gatineau (CAN)
1500m	16:39.24	Leblanc, Émile	CAN	RIKI	2012-05-06	Montréal (CAN)
Dos						
50m	26.91	Ghaziri, Ramy	CAN	LMRL	2017-11-04	Montréal (CAN)
100m	57.87	Ghaziri, Ramy	CAN	LMRL	2017-11-05	Montréal (CAN)
200m	2:08.81	Labrie, Alex	CAN	RIKI	2016-04-30	Lasalle (CAN)
Brasse						
50m	31.51	Castonguay, Nicolas	CAN	RIKI	2016-01-24	Rivière-du-Loup (CAN)
100m	1:05.04	Ghaziri, Ramy	CAN	LMRL	2017-11-04	Montréal (CAN)
200m	2:25.19	Ghaziri, Ramy	CAN	LMRL	2017-11-05	Montréal (CAN)
Papillon						
50m	26.80	Castonguay, Nicolas	CAN	RIKI	2016-02-14	Gatineau (CAN)
100m	1:01.48	Castonguay, Nicolas	CAN	RIKI	2016-02-12	Gatineau (CAN)
200m	2:16.65	Lord, Christian	CAN	EMJ	1990-02-09	
4 nages						
100m	1:03.30	Labrie, Alex	CAN	RIKI	2015-10-31	Lévis (CAN)
200m	2:09.32	Ghaziri, Ramy	CAN	LMRL	2017-11-03	Montréal (CAN)
400m	4:42.99	Ghaziri, Ramy	CAN	LMRL	2017-11-04	Montréal (CAN)
Filles, 13 - 14						Petit bassin (25m)
Libre						
50m	27.70	Tremblay, Raphaëlle	CAN	LMRL	2018-12-07	Québec (CAN)

100m	58.98	Tremblay, Raphaëlle	CAN	LMRL	2018-12-09	Québec (CAN)
200m	2:06.87	Barsalou, Mayra	CAN	BG	2016-07-19	Montréal (CAN)
400m	4:27.65	Barsalou, Mayra	CAN	BG	2016-07-20	Montréal (CAN)
800m	9:23.53	Barsalou, Mayra	CAN	BG	2016-02-14	Gatineau (CAN)
1500m	17:57.44	Michaud, Carole-Anne	CAN	RIKI	2014-12-05	Sherbrooke (CAN)
Dos						
50m	30.27	Pietrantonio, Alexia	CAN	LMRL	2018-12-02	Montréal (CAN)
100m	1:04.42	Pietrantonio, Alexia	CAN	LMRL	2018-11-10	Québec (CAN)
200m	2:19.58	Pietrantonio, Alexia	CAN	LMRL	2018-12-09	Québec (CAN)
Brasse						
50m	33.54	Gougoux, Gabrielle	CAN	LMRL	2015-12-12	Québec (CAN)
100m	1:12.86	Gougoux, Gabrielle	CAN	LMRL	2015-12-12	Québec (CAN)
200m	2:40.08	Gougoux, Gabrielle	CAN	LMRL	2015-11-21	Rivière-du-Loup (CAN)
Papillon						
50m	30.12	Tremblay, Raphaëlle	CAN	LMRL	2018-12-08	Québec (CAN)
100m	1:05.31	Gavioli, Maxim	CAN	BG	2016-07-19	Montréal (CAN)
200m	2:29.21	Veilleux, Patricia	CAN	LMRL	1990-12-09	
4 nages						
100m	1:07.85	Tremblay, Raphaëlle	CAN	LMRL	2019-01-27	Rivière-du-Loup (CAN)
200m	2:24.23	Tremblay, Raphaëlle	CAN	LMRL	2019-04-27	Amqui (CAN)
400m	5:06.48	Barsalou, Mayra	CAN	BG	2016-07-19	Montréal (CAN)
Garçons, - 12						Petit bassin (25m)
Libre						
50m	27.25	Cyr-Cormier, Claude-Julien	CAN	LSNR	2001-11-30	Québec (CAN)
100m	59.59	Murray, Nicolas	CAN	CNM	1999-06-19	
200m	2:06.75	Murray, Nicolas	CAN	CNM	1999-06-20	
400m	4:28.43	Murray, Nicolas	CAN	CNM	1999-06-19	
800m	9:32.49	Murray, Nicolas	CAN	CNM	1999-03-28	
1500m	17:52.42	Murray, Nicolas	CAN	CNM	1999-05-23	
Dos						
50m	31.66	Labrie, Alex	CAN	RIKI	2014-05-22	Rimouski (CAN)
100m	1:05.43	Arsenault, Emmanuel	CAN	LSNR	2017-02-19	Gatineau (CAN)
200m	2:26.58	Arsenault, Emmanuel	CAN	LSNR	2017-02-18	Gatineau (CAN)
Brasse						
50m	35.19	Ouellet, Alex	CAN	RIKI	2005-05-07	Lasalle (CAN)
100m	1:19.08	Santerre, Mathieu	CAN	EMJ	1988-07-10	
200m	2:47.82	Santerre, Mathieu	CAN	EMJ	1988-07-02	
Papillon						
50m	29.57	Labrie, Alex	CAN	RIKI	2014-05-03	Sherbrooke (CAN)
100m	1:07.86	Bérubé, Elliot	CAN	LMRL	2014-02-21	Gatineau (CAN)
200m	2:29.49	Murray, Nicolas	CAN	CNM	1999-06-22	
4 nages						
100m	1:10.95	Ouellet, Alex	CAN	RIKI	2005-04-09	Gaspé (CAN)
200m	2:24.86	Murray, Nicolas	CAN	CNM	1999-06-20	
400m	5:12.76	Ouellet, Alex	CAN	RIKI	2005-02-27	Trois-Rivières (CAN)
Filles, - 12						Petit bassin (25m)
Libre						
50m	28.06	Pelletier, Florence	CAN	RIKI	2017-06-17	Gatineau (CAN)
100m	1:01.58	Vary, Suzanne	CAN	RIKI	1999-11-21	
200m	2:11.95	Vary, Suzanne	CAN	RIKI	1999-03-25	
400m	4:36.46	Vary, Suzanne	CAN	RIKI	1999-11-20	
800m	9:45.04	Veilleux, Patricia	CAN	LMRL	1989-02-10	
1500m	18:55.76	Veilleux, Patricia	CAN	LMRL	1989-12-10	

Dos							
50m	32.66	Pietrantonio, Alexia	CAN	LSNR	2017-06-04	Rimouski (CAN)	
100m	1:07.55	Henry, Marie-Hélène	CAN	CNB	1984-02-11		
200m	2:28.41	Henry, Marie-Hélène	CAN	CNB	1984-02-11		
Brasse							
50m	35.31	Tremblay, Raphaëlle	CAN	LMRL	2016-12-10	Québec (CAN)	
100m	1:19.60	Tremblay, Raphaëlle	CAN	LMRL	2017-02-18	Gatineau (CAN)	
200m	2:52.80	Tremblay, Raphaëlle	CAN	LMRL	2017-06-17	Gatineau (CAN)	
Papillon							
50m	31.59	Pietrantonio, Alexia	CAN	LSNR	2017-03-18	Tracadie-Sheila (CAN)	
100m	1:09.45	Veilleux, Patricia	CAN	LMRL	1989-02-11		
200m	2:30.60	Veilleux, Patricia	CAN	LMRL	1989-02-12		
4 nages							
100m	1:12.38	Tremblay, Raphaëlle	CAN	LMRL	2017-01-28	Rivière-du-Loup (CAN)	
200m	2:31.71	Henry, Marie-Hélène	CAN	CNB	1984-02-11		
400m	5:26.38	Pietrantonio, Alexia	CAN	LSNR	2017-02-18	Gatineau (CAN)	
Garçons, 15 - 17							Petit bassin (25m)
Libre Relais							
4 x 50m	1:38.03	Dauphins de Rimouski	CAN	RIKI	2017-11-03	Montréal (CAN)	
		CHARETTE, P-O, LABRIE, A, GAGNON, É, CASTONGUAY, N					
4 x 100m	3:42.26	Dauphins de Rimouski	CAN	RIKI	2016-11-05	Sherbrooke (CAN)	
		LABRIE, A, CHARETTE, P-O, PLANTE, T, CASTONGUAY, N					
4 x 200m	8:22.61	Dauphins de Rimouski	CAN	RIKI	2017-12-08	Montréal (CAN)	
		LABRIE, A, CASTONGUAY, N, GUÉNARD, J, CHARETTE, P-O					
4 nages Relais							
4 x 50m	1:48.86	Dauphins de Rimouski	CAN	RIKI	2017-11-04	Montréal (CAN)	
		LABRIE, A, CHARETTE, P-O, CASTONGUAY, N, GAGNON, É					
4 x 100m	4:07.55	Dauphins de Rimouski	CAN	RIKI	1983-03-26		
Dames, 15 - 17							Petit bassin (25m)
Libre Relais							
4 x 50m	1:54.38	Dauphins de Rimouski	CAN	RIKI	2017-11-03	Montréal (CAN)	
		BARSALOU, M, MORIN, J, LABRIE, A, LIBAR, S					
4 x 100m	4:16.64	Barracudas de Gaspé	CAN	BG	2016-02-26	Gatineau (CAN)	
		AUGER-MALTAIS, L, DENIS-TAPP, L, LABBÉ, J, SAMUEL, M					
4 x 200m	9:42.54	Barracudas de Gaspé	CAN	BG	2013-05-05	Longueuil (CAN)	
		PARÉ, F, PLONQUET-THIBAUT, G, ALBERTON, L, PRESTON, L					
4 nages Relais							
4 x 50m	2:08.21	Barracudas de Gaspé	CAN	BG	2016-05-01	Alma (CAN)	
		DENIS-TAPP, L, LABBÉ, J, AUGER-MALTAIS, L, SAMUEL, M					
4 x 100m	5:00.62	Dauphins de Rimouski	CAN	RIKI	2014-12-07	Sherbrooke (CAN)	
		MICHAUD, C-A, LEMIEUX, R, CÔTÉ, M, LEMIEUX, É					
Mixte, 15 - 17							Petit bassin (25m)
Libre Relais							
4 x 50m	1:47.71	Dauphins de Rimouski	CAN	RIKI	2015-03-01	Montréal (CAN)	
		CHÉNARD, M, LEMIEUX, É, MICHAUD, C-A, GAUDREAU, S					
4 x 100m	4:07.85	Dauphins de Rimouski	CAN	RIKI	2018-10-20	Rivière-du-Loup (CAN)	
		PINEAU, É, LABRIE, M, MORIN, J, GAUDREAU, F					
4 nages Relais							
4 x 50m	2:06.53	Dauphins de Rimouski	CAN	RIKI	2019-06-30	St-Hyacinthe (CAN)	
		GAUDREAU, F, SINCLAIR, M, ARSENAULT, M, PLANTE, M					
4 x 100m	4:10.74	Loups Marins de Rivière-du-Loup	CAN	LMRL	2019-07-08	Rivière-du-Loup (CAN)	
		PIETRANTONIO, A, GHAZIRI, R, CARON, M, TREMBLAY, R					

Garçons, 13 - 14**Petit bassin (25m)****Libre Relais**

4 x 50m	1:44.92	Dauphins de Rimouski	CAN	RIKI	2016-01-23	Rivière-du-Loup (CAN)
		GAGNON, É, CASTONGUAY, N, CHARETTE, P-O, LABRIE, A				
4 x 100m	3:59.03	Loups Marins de Rivière-du-Loup	CAN	LMRL	2016-11-05	Sherbrooke (CAN)
		GHAZIRI, R, LECLERC, P, BEAULIEU, N, ROBERGE, C				
4 x 200m	9:34.00	Dauphins de Rimouski	CAN	RIKI	2017-12-08	Montréal (CAN)
		BOURBONNAIS, M, PINEAU, É, TOURNAY, N, GAUDREAU, F				

4 nages Relais

4 x 50m	2:00.19	Est-du-Québec	CAN	EDQ	2003-08-09	Thetford Mines (CAN)
4 x 100m	5:08.46	Dauphins de Rimouski	CAN	RIKI	1982-07-31	

Filles, 13 - 14**Petit bassin (25m)****Libre Relais**

4 x 50m	1:52.11	Est-du-Québec	CAN	EDQ	2018-08-04	Thetford Mines (CAN)
		OUELLET, A, POIRIER, É, TREMBLAY, R, PELLETIER, F				
4 x 100m	4:04.02	Est-du-Québec	CAN	LMRL	2018-11-09	Sherbrooke (CAN)
		TREMBLAY, R, PIETRANTONIO, A, POIRIER, É, OUELLET, A				
4 x 200m	10:04.00	Dauphins de Rimouski	CAN	RIKI	2013-05-18	Gaspé (CAN)
		CÔTÉ, M, LÉVESQUE, G, PAPILLON-DROLET, C, LEMIEUX, É				

4 nages Relais

4 x 50m	2:03.77	Est-du-Québec	CAN	EDQ	2018-08-04	Thetford Mines (CAN)
		PIETRANTONIO, A, TREMBLAY, R, PELLETIER, F, POIRIER, É				
4 x 100m	4:59.95	Nautilus de Matane	CAN	CNM	2019-11-02	Jonquière (CAN)
		BOURGET, F, MÉTIVIER, L, RICHARD, H, BOULAY, A				

Mixte, 13 - 14**Petit bassin (25m)****Libre Relais**

4 x 50m	1:53.89	Dauphins de Rimouski	CAN	RIKI	2016-02-14	Gatineau (CAN)
		CASTONGUAY, N, LABRIE, M, LIBAR, S, LABRIE, A				

4 nages Relais

4 x 50m	2:04.75	Dauphins de Rimouski	CAN	RIKI	2016-02-14	Gatineau (CAN)
		LABRIE, A, CASTONGUAY, N, LIBAR, S, LABRIE, M				
4 x 100m	4:47.19	Nautilus de Matane	CAN	CMN	2020-02-23	Québec (CAN)
		IMBEAULT, É, MORIN, S, RICHARD, H, BOULAY, A				

Garçons, - 12**Petit bassin (25m)****Libre Relais**

4 x 50m	1:59.58	Est-du-Québec	CAN	EDQ	2001-08-11	Montréal (CAN)
4 x 100m	4:43.57	Nautilus de Matane	CAN	CNM	2000-05-06	
4 x 200m	10:38.11	Dauphins de Rimouski	CAN	RIKI	2013-05-19	Gaspé (CAN)
		CHARETTE, P-O, LEBLANC, R, CASTONGUAY, N, LABRIE, A				

4 nages Relais

4 x 50m	2:15.57	Dauphins de Rimouski	CAN	RIKI	2018-02-17	Québec (CAN)
		MORIN, L, BOURBONNAIS, M, DIONNE, L-F, CHAPADOS, É				

Filles, - 12**Petit bassin (25m)****Libre Relais**

4 x 50m	2:02.00	Loups Marins de Rivière-du-Loup	CAN	LMRL	2017-02-18	Gatineau (CAN)
		OUELLET, A, TREMBLAY, R, POIRIER, E, LACROIX, B				
4 x 100m	4:35.43	Barracudas de Gaspé	CAN	BG	2018-10-20	Rivière-du-Loup (CAN)
		THIBAUT, C, CÔTÉ, V, COUTURIER, J, NADEAU, J				
4 x 200m	10:30.60	Barracudas de Gaspé	CAN	BG	2013-05-05	Longueuil (CAN)
		AUGER-MALTAIS, L, DENIS-TAPP, L, KEITH, J, LABBÉ, J				

4 nages Relais

4 x 50m	2:17.90	Est-du-Québec	CAN	EDQ	1980-08-05	
4 x 100m	5:17.85	Nautilus de Matane	CAN	CNM	2018-11-03	Gaspé (CAN)
BOURGET, F, MÉTIVIER, L, RICHARD, H, BOULAY, A						

Mixte, - 12**Petit bassin (25m)****Libre Relais**

4 x 50m	1:57.71	Loups Marins de Rivière-du-Loup	CAN	LMRL	2017-06-17	Gatineau (CAN)
DUMONT, J-T, TREMBLAY, R, MAALOUF, E, OUELLET, A						
4 x 100m	4:38.83	Dauphins de Rimouski	CAN	RIKI	2018-10-20	Rivière-du-Loup (CAN)
CASTONGUAY, M, GAUDREAU, J, GAUDREAU, É, GAGNON, G						

4 nages Relais

4 x 50m	2:15.19	Dauphins de Rimouski	CAN	RIKI	2018-02-18	Québec (CAN)
BOURBONNAIS, M, GENDRON, L-M, ARSENAULT, M, CHAPADOS, É						